PLEASE NOTE THAT THIS CALENDAR IS SUBJECT TO CHANGE

CALENDAR FOR THE SEASON 2025/2026 - UPDATE 4 24/07/2025

PLEASE DO NOT PAY ANY DEPOSITS FOR ACCOMMODATION FOR THE NATIONAL EVENTS UNTIL THESE VENUES HAVE BEEN CONFRIMED

	Month	Date	Event	Venue
	Jun-2025	*14th*	*WINTER 1*	*St. Benedicts*
	Jul-2025	*12th*	*WINTER 2*	*St. Benedicts*
	Aug-2025	*02nd*	*WINTER 3*	*St. Benedicts*
		16th - 17th	*JUNIOR WINTER CHAMPS*	*St. Benedicts*
		30th - 31st	*SENIOR WINTER CHAMPS*	*St. Benedicts*
	Sep-25	*20th*	*EGA SUMMER 1*	*Delville*
		25th - 28th	SA SHORT COURSE NATIONALS	TBC Kings Park
	Oct-25	11th	EGA SUMMER 2	Delville
		25th	LEVEL 0	St. Dominics
		25th	COELACANTH MASTERS 1500M SWIM	Delville
	Nov-25	*01st*	*EGA SUMMER 3*	*Delville*
		01st - 02nd	*PRIMEVIEW 1 OPEN WATER SWIM*	*Primeview*
		15th	COELACANTH MASTERS INTER REGIONAL GALA	*Delville*
		22nd	*EGA SUMMER 4*	*Delville*
	Dec-25	*04th - 08th*	*EGA SUMMER CHAMPIONSHIPS*	*Delville*
		06th - 07th	*PRIMEVIEW 2 OPEN WATER SWIM*	*Primeview*
2026	Jan-26	09th - 10th	GRAND PRIX 1	Nelspruit
		24th	MEGA MASTERS RELAY GALA	Delville
		17th - 18th	*PRIMEVIEW 3 OPEN WATER SWIM*	*Primeview*
		31st	*EGA LAST CHANCE GALA*	*Delville*
	Feb-26	*01st*	*EGA LAST CHANCE GALA*	*Delville*
		07th	EGA LEVEL 0	St. Dominics
		07th -08th	MIDMAR MILE	MIDMAR
		14th - 15th	TMS CHAMPIONSHIPS(Masters Championships)	Delville
		21st	EGA LETS SPRINT	Delville
		21st - 22nd	GRAND PRIX 2	Gqeberha
		28th	AG LEVEL 1 Provincial Champs	TBC
	Mar-26	01st	AG LEVEL 1 Provincial Champs	TBC
		04th	EKUDIBENG INTER HIGH	Delville
		05th	EKUDIBENG INTER PRIMARY	Delville
		TBC	SA SCHOOLS	TBC
		06th - 08th	SA NATIONALS OPEN WATER	Jeffreys Bay
		TBC	SA NATIONALS MASTERS NATIONAL CHAMPS	TBC
		20th - 22nd	SA YOUTH NATIONALS	TBC Newton Park PE
		23rd - 27th	SANJ (SA NATIONAL JUNIOR AGE GROUP CHAMPS)	TBC Newton Park PE
		28th - 31st	SSA LEVEL 3 Regional Championships	TBC
	Apr-26	01st -03rd	SSA LEVEL 2 Regional Championships	TBC
		14th - 18th	SA SENIOR NATIONALS	TBC Kings Park KZN

PRIME VIEW #1	**Sat 1 Nov 2025**	**1**	**08h00: 10km** (cut off 3h30) (**incl 7.5km**) M & F all ages	Swimmers may complete 5km in this event but there will be no positions/prizes - these only apply in Event 2
		2	**11h00: 5km** (cut off 2hr) M & F all ages	
	Sun 2 Nov 2025	**3**	**07h15: 3km** (cut off 1hr30)	
		4	**09h00: 1.2km** Female 13/u & 31/over	
		5	**10h00: 1.2km** Male 13/u & 31/over	
		6	**11h00: 1.2km** Male & Female 14-30	
		7	**12h00: 600m** Fun Swim | M & F all ages	
PRIME VIEW #2	**Sat 6 Dec 2025**	**1**	**08h00: 10km** (cut off 3h30) **(incl 7.5km**) M & F all ages	
		2	**11h00: 5km** (cut off 2hr) M & F all ages	
	Sun 7 Dec 2025	**3**	**07h15: 3km** (cut off 1hr30)	
		4	**09h00: 1.2km** Female 13/u & 31/over	
		5	**10h00: 1.2km** Male 13/u & 31/over	
		6	**11h00: 1.2km** Male & Female 14-30	
		7	**12h00: 600m** Fun Swim | M & F all ages	
PRIME VIEW #3	**Sat 17 Jan 2026**	**1**	**08h00: 10km** (cut off 3h30) (**incl 7.5km**) M & F all ages	Swimmers may complete 5km in this event but there will be no positions/prizes - these only apply in Event 2
		2	**11h00: 5km** (cut off 2hr) M & F all ages	
	Sun 18 Jan 2026	**3**	**07h15: 3km** (cut off 1hr30)	
		4	**09h00: 1.2km** Female 13/u & 31/over	
		5	**10h00: 1.2km** Male 13/u & 31/over	
		6	**11h00: 1.2km** Male & Female 14-30	
		7	**12h00: 600m** Fun Swim | M & F all ages	

EGA WINTER GALAS & WINTER CHAMPS		
Winter 1	**Winter 2**	**Winter 3**
200M FREESTYLE	200M BREASTSTROKE	200M BACKSTROKE
100M BACKSTROKE	400M FREESTYLE	100M BUTTERFLY
50M FREESTYLE	50M BUTTERFLY	50M BREASTSTROKE
100M BREASTSTROKE	100M INDIVIDUAL MEDLEY	100M FREESTYLE
50M BACKSTROKE	50M BREASTSTROKE	50M BACKSTROKE
100M FREESTYLE	200M BUTTERFLY	200M INDIVIDUAL MEDLEY

PLEASE TAKE NOTE:

WINTER SERIES		
Swimmers may swim 5 events only		
The gala will be set out as follows:		The start time for session 2 will be confirmed after the entries are received; Current start time is based on last season's gala attendance
Session 1 Seniors (13 & Over)	Session will start at 08:00	
Session 2 Juniors (12 & Under)	Session will start at 14:00	

WINTER CHAMPIONSHIPS	
DAY 1	**DAY 2**
200M INDIVIDUAL MEDLEY	200M FREESTYLE
100M FREESTYLE	100M BACKSTROKE
200M BREASTSTROKE	50M BUTTERFLY
100M BUTTERFLY	100M BREASTSTROKE
50M BACKSTROKE	50M FREESTYLE
400M FREESTYLE	200M BACKSTROKE
50M BREASTSTROKE	100M INDIVIDUAL MEDLEY

WINTER CHAMPIONSHIPS
WINTER CHAMPS WILL BE RUN AS TIMED FINALS (JUNIORS) & HEATS/FINALS FOR SENIORS (TBC)
No times are not permitted for all EGA Championship galas
Level 1 Swimmers may only swm the following events:
50's; 100's; 200m Freestyle & 200IM;
The 400m Freestyle event is for Level 3, SANJ and SANAT Swimmers only for these championships
Times from the 01st of September 2024 can be used to enter these championships

EVENT AGES & MINIMUM QUALIFYING CRITERIA FOR LONG DISTANCE EVENTS FOR EGA CHAMPS

EVENT		AGE	
50M	FREESTYLE	ALL	
100M	FREESTYLE	ALL	
200M	FREESTYLE	ALL	
400M	FREESTYLE	10 & O	
800M	FREESTYLE	12 & O	SEE NOTE BELOW
1500M	FREESTYLE	12 & O	
50M	BREASTSTROKE	ALL	
100M	BREASTSTROKE	ALL	
200M	BREASTSTROKE	9 & O	
50M	BACKSTROKE	ALL	
100M	BACKSTROKE	ALL	
200M	BACKSTROKE	9 & O	
50M	BUTTERFLY	ALL	
100M	BUTTERFLY	10 & O	
200M	BUTTERFLY	12 & O	SEE NOTE BELOW
200M	INDIVUDUAL MEDLEY	ALL	
400M	INDIVUDUAL MEDLEY	12 & O	SEE NOTE BELOW

LONG DISTANCE NOTE

ONLY SWIMMERS WITH THE FOLLOWING LEVELS

LEVEL 3; SANJ, SANAT

MAY SWIM THE FOLLOWING EVENTS AT CHAMPS

200M BUTTERFLY

400M INDIVIDUAL MEDLEY

800M FREESTYLE

1500M FREESTYLE

SUMMER SERIES			
EGA SUMMER 1	**EGA SUMMER 2**	**EGA SUMMER 3**	**EGA SUMMER 4**
1500 FREE	800 FREE	400 FREE	1500 FREE
200 BREAST	50 BREAST	50 BACK	200 BREAST
100 FLY	100 FREE	200 FREE	100 FLY
200IM	200 BACK	100 BREAST	200IM
100 BACK	400 IM	50 FREE	100 BACK
50 FLY	50 FREE	200 FLY	50 FLY
100 FREE	100 BREAST	50 BREAST	200 BACK

NOTE:

1. There are opportunities throughout the season to swim every event;
2. Please ensure that your swimmers have the required 200m Freestyle & 200m IM swum by Summer 4;
3. Swimmers can chose 5 events per gala;
4. As from the 01st of September, only times achieved from 01st May 2025 will be accepted;
5. Level 1 swimmers may only swim the following events:
   All 50's; 100's; 200 Freestyle and 200 Individual Medley
6. Swimmers that achieve Level 2 qualifying times must be upgraded immediately;
7. Please ensure that you are cognisant of the event ages;

EGA SUMMER CHAMPIONSHIPS									
	DAY 1		DAY 2		DAY 3		DAY 4		DAY 5
	HEATS		HEATS		HEATS		HEATS		HEATS
		201	400M FREESTYLE (W) Slowest	301	100M FREESTYLE (W)	401	200M BUTTERFLY W (TF) (Slowest)	501	200M FREESTYLE (W)
		202	400M FREESTYLE (M) Slowest	302	100M FREESTYLE (M)	402	200M BUTTERFLY M (TF) (Slowest)	502	200M FREESTYLE (M)
		203	200M BREASTSTROKE (W)	303	400M IM (Slowest) (W)	403	800M FREESTYLE MIXED (TF)	503	50 BREASTSTROKE (W)
		204	200M BREASTSTROKE (M)	304	400M IM (Slowest)(M)	404	50M BACKSTROKE (W)	504	50 BREASTSTROKE (M)
		205	100M BUTTERFLY (W)	305	50M BUTTERFLY (W)	405	50M BACKSTROKE (M)	505	100M BACKSTROKE (W)
		206	100M BUTTERFLY (M)	306	50M BUTTERFLY (M)	406	200M INDIVIDUAL MEDLEY (W)	506	100M BACKSTROKE (M)
		207	200M BACKSTROKE (W)	307	100M BREASTSTROKE (W)	407	200M INDIVIDUAL MEDLEY (M)	507	50M FREESTYLE (W)
		208	200M BACKSTROKE (M)	308	100M BREASTSTROKE (M)	408	Mixed 9 & Under (200) 4 x 50 Medley Relay	508	50M FREESTYLE (M)
		209	(MX) 9 & Under (200) 4 x 50 Free Relay						
	FINALS		*FINALS*		*FINALS*		*FINALS*		*FINALS*
101	*1500M FREESTYLE MIXED (TF)*	*201*	*400M FREESTYLE (W) Fastest*	*301*	*100M FREESTYLE (W)*	*401*	*200M BUTTERFLY W (TF) (Fastest)*	*501*	*200M FREESTYLE (W)*
		202	*400M FREESTYLE (M) Fastest*	*302*	*100M FREESTYLE (M)*	*402*	*200M BUTTERFLY M (TF) (Fastest)*	*502*	*200M FREESTYLE (M)*
		203	*200M BREASTSTROKE (W)*	*303*	*400M IM (Fastest) (W)*	*403*	*Swum in heats*	*503*	*50 BREASTSTROKE (W)*
		204	*200M BREASTSTROKE (M)*	*304*	*400M IM (Fastest)(M)*	*404*	*50M BACKSTROKE (W)*	*504*	*50 BREASTSTROKE (M)*
		205	*100M BUTTERFLY (W)*	*305*	*50M BUTTERFLY (W)*	*405*	*50M BACKSTROKE (M)*	*505*	*100M BACKSTROKE (W)*
		206	*100M BUTTERFLY (M)*	*306*	*50M BUTTERFLY (M)*	*406*	*200M INDIVIDUAL MEDLEY (W)*	*506*	*100M BACKSTROKE (M)*
		207	*200M BACKSTROKE (W)*	*307*	*100M BREASTSTROKE (W)*	*407*	*200M INDIVIDUAL MEDLEY (M)*	*507*	*50M FREESTYLE (W)*
		208	*200M BACKSTROKE (M)*	*308*	*100M BREASTSTROKE (M)*	*408*	*Swum in heats*	*508*	*50M FREESTYLE (M)*
		209	*Swum in heats*						
	RELAYS		RELAYS		RELAYS		RELAYS		RELAYS
		210	Boys 12 & Over (400) 4 x 100 Free Relay	309	Boys 10-11 (200) 4 x 50 Free Relay	409	Boys 12-13 (200) 4 x 50 Medley Relay	509	Boys 10-11 (200) 4 x 50 Medley Relay
		211	Girls 12 & Over (400) 4 x 100 Free Relay	310	Girls 10-11 (200) 4 x 50 Free Relay	410	Girls 12-13 (200) 4 x 50 Medley Relay	510	Girls 10-11 (200) 4 x 50 Medley Relay
		212	Boys 12-13 (200)4 x 50 Free Relay	311	Boys 14-15 (200) 4 x 50 Free Relay	411	Boys 12 & Over (200) 4 x 50 Medley Relay	511	Boys 14-15 (200) 4 x 50 Medley Relay
		213	Girls 12-13 (200) 4 x 50 Free Relay	312	Girls 14-15 (200) 4 x 50 Free Relay	412	Girls 12 & Over (200) 4 x 50 Medley Relay	512	Girls 14-15 (200) 4 x 50 Medley Relay
		214	Mixed 12 & Over (200) 4 x 50 Free Relay	313	Boys 12 & Over (400) 4 x 100 Medley Relay	413	Boys 14-15 (400) 4 x 100 Free Relay	513	Boys 12 & Over (200) 4 x 50 Free Relay
				314	Girls 12 & Over (400) 4 x 100 Medley Relay	414	Girls 14-15 (400) 4 x 100 Free Relay	514	Girls 12 & Over (200) 4 x 50 Free Relay

EGA LAST CHANCE			
SATURDAY		SUNDAY	
200	BUTTERFLY	100	BUTTERFLY
50	BREASTSTROKE	400	FREESTYLE
100	BACKSTROKE	200	BREASTSTROKE
200	FREESTYLE	50	BUTTERFLY
100	BREASTSTROKE	200	BACKSTROKE
200	INDIVIDUAL MEDLEY	100	FREESTYLE
50	FREESTYLE	50	BACKSTROKE
WARM UP	**06:00**	**WARM UP**	**06:00**
GALA STARTS	**08:00**	**GALA STARTS**	**08:00**

LETS SPRINT	
50	FREESTYLE DASH FOR CASH HEATS
100	BREASTSTROKE
50	BACKSTROKE
50	BUTTERFLY
4X50	MYSTERY MEDLEY RELAY
100	BACKSTROKE
50	BREASTSTROKE
100	FREESTYLE
100	BUTTERFLY
50	FREESTYLE DASH FOR CASH Top 8
50	FREESTYLE DASH FOR CASH Top 4
4X50	FREESTYLE RELAY
GALA STARTS	**08:00**

1 **Swimmers must have a time on the data base to participate in the EGA Sprint Gala;**
2 The Mystery IM event will have the order of the strokes randomly determined at the start of the race;
3 Regardless of the order to be swum all starts will be "dive" from the blocks including backstroke;
4 Clubs may only enter 1 Relay Team per age group;
5 All events will be swum as mixed events;
6 The Dash for Cash event will be the 50m Freestyle event and will be swum as follows:

Heats
Top 8 In Each Age Group Race again
Top 4 From the top 8 will race again to determine the top 3 in each age group

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Dash for Cash Prize Money	
1st	R500.00
2nd	R250.00
3rd	R125.00