



EASTERN GAUTENG AQUATICS

OPEN WATER SWIMMING

RULES & CRITERIA FOR SWIMMERS TO BE ELIGIBLE FOR SELECTION TO REPRESENT EGA AT NATIONAL EVENTS

01/05/2022

CA KNIGHT

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PRESIDENT
C.A. KNIGHT

Eastern Gauteng Aquatics



POLICY

The aim of this document is to set out rules and criteria for Eastern Gauteng Aquatics swimmers to achieve eligibility for selection to the District Team to compete at National Open Water Events.

These rules have been ratified by the Eastern Gauteng Aquatics Executive Committee and supersede the Swim South Africa rule that swimmers must achieve a qualifying time at one listed event.

The criteria in the document cover all events swum at Nationals; i.e. 10km; 7.5km; 5km and 3km as defined in the Swim South Africa rules for Open Water Swimming.

Swimmers, Coaches and Parents should understand that there is no misrepresentation that if a swimmer who qualifies in one or more event will automatically be selected to represent the District at a National event.

ELIGIBLE FOR SELECTION

This criteria is applicable to all National events.

1. The swimmer should be registered with Eastern Gauteng Aquatics as a full Athlete
2. The swimmer's registration form should indicate if he/she is an Open Water Swimmer
3. The swimmer who is selected to represent Eastern Gauteng Aquatics must qualify according to the qualifying criteria set out below.
4. Selection of the District Team for Open Water Nationals is done 24 hours after the Provincial Championships
5. The selection of a swimmer to represent the District is ratified by the Eastern Gauteng Aquatics Executive and Open Water Swimming Committees
6. Should there be circumstances beyond the swimmers control such as events being cancelled due to poor water quality or government directives, the swimmer should swim at least one event with a qualifying time of less than 5% of the stipulated qualifying time.

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QUALIFYING TIMES

The times stipulated below are the qualifying times as set out by Swim South Africa

Event	Qualifying Time
10 km Men	2 hours 30 minutes
10 km Women	2 hours 40 minutes
7.5 km Men	1 hour 53 minutes
7.5 km Women	2 hour 00 minutes
5 km Men	1 hour 15 minutes
5 km Women	1 hour 25 minutes
5 km Men Multi Disability	1 hour 40 minutes
5 km Woman Multi Disability	1 hour 50 minutes
3 km Men	48 minutes
3 km Women	50 minutes
3 km Men Multi Disability	60 minutes
3 km Woman Multi Disability	65 minutes

MASTERS SWIMMERS

Men and Women over the age of 31 years are subject to the same selection process applicable to those under the age of 31 years.

QUALIFYING TIMES

The times stipulated below are the qualifying times as set out by Swim South Africa

3 km Masters Men (31 & over)	52 minutes
3 km Masters Women (31 & over)	54 minutes

RESULTS

All results are to be uploaded to this link: <https://forms.gle/zHJaj9H6GUsfzBHd8>

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RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 10KM EVENTS (MEN & WOMEN)

Athletes must have achieved one 10km qualifying time at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

CRITERIA		POINTS EARNED
ACHIEVING THE QUALIFYING TIME	AS PER SSA	50
PARTICIPATION AT THE AG OWS CHAMPS	CURRENT SEASON	20
PARTICIPATION AT THE OW NATIONAL CHAMPS	PREVIOUS SEASON	10
PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX OPEN WATER SWIM	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 1 EGA OPEN WATER SWIM	CURRENT SEASON	10

- MINIMUM POINTS REQUIRED TO QUALIFY **90**

RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 7.5KM EVENTS (MEN & WOMEN)

Athletes must have achieved one 7.5km qualifying time at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

CRITERIA		POINTS EARNED
ACHIEVING THE QUALIFYING TIME	AS PER SSA	50
PARTICIPATION AT THE AG OWS CHAMPS	CURRENT SEASON	20
PARTICIPATION AT THE OW NATIONAL CHAMPS	PREVIOUS SEASON	10
PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX OPEN WATER SWIM	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 1 EGA OPEN WATER SWIM	CURRENT SEASON	10

- MINIMUM POINTS REQUIRED TO QUALIFY **90**

Eastern Gauteng Aquatics



RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 5KM EVENTS (MEN & WOMEN)

Athletes must have achieved one 5km qualifying time at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

CRITERIA		POINTS EARNED
ACHIEVING THE QUALIFYING TIME	AS PER SSA	50
PARTICIPATION AT THE AG OWS CHAMPS	CURRENT SEASON	20
PARTICIPATION AT THE OW NATIONAL CHAMPS	PREVIOUS SEASON	10
PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX OPEN WATER SWIM	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 1 EGA OPEN WATER SWIM	CURRENT SEASON	10

- MINIMUM POINTS REQUIRED TO QUALIFY **90**

RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 3KM EVENTS (MEN)

Athletes must qualify in at least (3) 3km events to be eligible for qualification. Qualification in 3 different distances will not be considered. Swimmers must qualify at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

CRITERIA		POINTS EARNED
ACHIEVING THE QUALIFYING TIME	AS PER SSA	50
PARTICIPATION AT THE AG OWS CHAMPS	CURRENT SEASON	20
PARTICIPATION AT THE OW NATIONAL CHAMPS	PREVIOUS SEASON	10
PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX OPEN WATER SWIMS	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 2 EGA OPEN WATER SWIMS	CURRENT SEASON	10

BONUS POINTS AVAILABLE:

SWIMMING WITHIN A QUALIFICATION TIME OF	45:00 – 48:00	5
SWIMMING WITHIN A QUALIFICATION TIME OF	42:00 – 44:00	10
SWIMMING WITHIN A QUALIFICATION TIME OF	40:00 – 41:00	15
SWIMMING WITHIN A QUALIFICATION TIME OF	SUB 40:00	20

- MINIMUM POINTS REQUIRED TO QUALIFY **90**

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RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 3KM EVENTS (WOMEN)

Athletes must qualify in at least (3) 3km events to be eligible for qualification. Qualification in 3 different distances will not be considered. Swimmers must qualify at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

CRITERIA		POINTS EARNED
ACHIEVING THE QUALIFYING TIME	AS PER SSA	50
PARTICIPATION AT THE AG OWS CHAMPS	CURRENT SEASON	20
PARTICIPATION AT THE OW NATIONAL CHAMPS	PREVIOUS SEASON	10
PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX EVENT	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 2 EGA OWS	CURRENT SEASON	10

BONUS POINTS AVAILABLE

SWIMMING WITHIN A QUALIFICATION TIME OF	45:00 – 48:00	10
SWIMMING WITHIN A QUALIFICATION TIME OF	42:00 – 44:00	20
SWIMMING WITHIN A QUALIFICATION TIME OF	40:00 – 41:00	30
SWIMMING WITHIN A QUALIFICATION TIME OF	SUB 40:00	40

- MINIMUM POINTS REQUIRED TO QUALIFY **90**

RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 3KM EVENTS – MASTERS SWIMMERS (MEN)

Athletes must qualify in at least (3) 3km events to be eligible for qualification. Qualification in 3 different distances will not be considered. Swimmers must qualify at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

CRITERIA		POINTS EARNED
ACHIEVING THE QUALIFYING TIME	AS PER SSA	50
PARTICIPATION AT THE AG OWS CHAMPS	CURRENT SEASON	20
PARTICIPATION AT THE OW NATIONAL CHAMPS	PREVIOUS SEASON	10
PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX EVENT	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 2 EGA OWS	CURRENT SEASON	10

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BONUS POINTS AVAILABLE:

SWIMMING WITHIN A QUALIFICATION TIME OF	45:00 – 48:00	10
SWIMMING WITHIN A QUALIFICATION TIME OF	42:00 – 44:00	20
SWIMMING WITHIN A QUALIFICATION TIME OF	40:00 – 41:00	30
SWIMMING WITHIN A QUALIFICATION TIME OF	SUB 40:00	40

- MINIMUM POINTS REQUIRED TO QUALIFY **90**

RULES AND CRITERIA FOR SELECTION TO COMPETE IN THE 3KM EVENTS – MASTERS SWIMMERS (WOMEN)

Athletes must qualify in at least (3) 3km events to be eligible for qualification. Qualification in 3 different distances will not be considered. Swimmers must qualify at a SSA Approved Open Water Swimming event that is recorded on the SSA Database.

Selection eligibility is based on the following Eastern Gauteng Aquatics points system:

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PARTICIPATION AT A MINIMUM OF 1 AG GRAND PRIX EVENT	CURRENT SEASON	10
PARTICIPATION AT A MINIMUM OF 2 EGA OWS	CURRENT SEASON	10

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- MINIMUM POINTS REQUIRED TO QUALIFY **90**

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PROPOSED EGA OPEN WATER EVENTS

Date of Event	Venue	Open Water Convenor Contact Details	Proposed Events
19 November 2022	Victoria Lake Germiston	Franz Studer 083 602 1836 tricoachsa@gmail.com	1km 3km 5km 7.5km
16 December 2022	Victoria Lake Germiston	Franz Studer 083 602 1836 tricoachsa@gmail.com	1Mile 5km 7.5km 10km
15 January 2023 Bennies Mile	Victoria Lake Germiston	Franz Studer 083 602 1836 tricoachsa@gmail.com	1Mile 3km
04 February 2023	Victoria Lake Germiston	Franz Studer 083 602 1836 tricoachsa@gmail.com	5km 7.5km 10km

PROPOSED AQUATICS GAUTENG OPEN WATER EVENTS

1 - 2 October 2022	Victoria Lake	AG Open Water Grand Prix 1
5 November 2022	Prime View, Olifantsfontein	AG Open Water Grand Prix 2
3 – 4 December 2022	Florida Lake	AG Open Water Champs